## Play Cym (Cym)

This session is suitable for children aged 4 years and under

Please directly supervise children on all equipment and do not leave children unattended in the gym

No food or drink is permitted in the gym

Please remove participants' socks/tights before entering the gym - these can make the children slip on the apparatus

The grey playpen is strictly for children under 1 year of age

**Encourage children to share and take turns** 

Maximum of 2 children at a time on the trampoline - please wait on the bench for your turn

Please ensure children do not enter any netted areas - these are out of bounds

Please encourage your child to leave equipment in place after use

Our Coaches are here to assist so do please ask if you have any questions



