

KENNYLANDS GYMNASTICS

COVID-19 OPERATIONAL POLICY FOR PRESCHOOL

Prior to Arrival

Help us to keep our club open safely for the benefit of all by following the rules set out below:

- **Do not** send your child to class if any of the following apply:
 - if they or a member of their household is showing symptoms of Covid-19:
 - Fever
 - Dry cough
 - Loss of taste or smell
 - If they have travelled to a location that advises a period of quarantine or self-isolation until that period has been completed with no symptoms.
- All members are expected to follow government guidelines for Covid-19 to protect themselves and others from coronavirus. Guidelines are constantly changing and it is incumbent on all participants to ensure they are up to date with government recommendations throughout the pandemic period. Details can be found at <https://www.gov.uk/coronavirus>
- Please try to ensure your child has used the toilet before their class. We will have only one **Toilet** available for our members so that we can maintain a “one in, one out” policy. Cutting down on toilet trips helps us minimize contact areas.
- Each child **must** bring a named bag with their own water bottle and hand sanitiser to each class – no water can be provided from the gym so it is imperative that they bring their own water bottle to class. Bottles are not able to be refilled on site.
- Changing rooms are not available for use so ensure your gymnast has a suitable bag to place their outer layers of clothing in. Coats will not be permitted into the gym building. Clean outdoor shoes can be placed under the blue benches in the main corridor.
- Ensure you are ready for a prompt arrival. We will do our best to get the children inside as quickly as we can but safety is paramount and we ask for your understanding if this sometimes takes longer than anticipated.

Arrival

- All members should arrive at the **Main Reception** door.
- All members and parent/carers participating in the session will be required to remove their shoes prior to entry to the building. Clean shoes can be placed under our blue benches in the corridor. Muddy shoes will not be permitted into the gym building. We are unable to accommodate for the storage of coats and any excess clothing should be placed on the blue benches in the main corridor or placed in your own bag which can remain with you for the duration of the class.

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- All parent/carers who will be entering the gym building should expect the following:
 - **GymTots** members and parent/carers will be required to sanitise their hands upon entry.
 - **GymLets** members parent/carers should expect to accompany their child for the first few sessions, or until such time as their child is familiar with the class and is able to meet the expectations of the class without their parent/carer. Where parent/carers are accompanying their child they will be required to sanitise their hands upon entry.
 - **GymLets** members who are capable of attending the class without their parent/carer should have their own bag with their own water bottle and hand gel. Ensure their bag is big enough to cater for warm outer layers. Ensure you see your child safely inside before leaving this area making sure you take possession of any coats. Shoes that are quick to remove are best for this process and if clean can be stored under our blue benches in the main corridor. Our Coaches will be on hand to help our GymLets members with this process.

During Class

- **GymTots & GymLets** members will have just one parent/carer who can accompany them throughout the class.
- Any younger siblings that are with you will be solely your responsibility and will also require hand sanitizing.
- **GymTots** members – Upon entry to the gym, place your bag on a “home” spot on your apparatus and then join in the session as directed by the Coach.
- **GymLets** members – Upon entry to the gym, place your bag on a “home” spot on your apparatus and as soon as your gymnast is settled you can return to the “home” spot with your bag to allow your gymnast to join in the session without you where possible.
- Our CCTV screen will be set up so that it can be viewed from the main window of our Reception area.
- All of our main gym doors will be open during warm periods so that you are able to see areas of the class.
- During the cold weather period our gym doors will remain closed to ensure the gymnasts are working in a safe temperature. Where it’s possible to do so, windows will continue to be open to aid ventilation and our heaters and fans draw air from outside to aid ventilation.
- Kennylands Gymnastics have implemented a Behaviour Policy to ensure all members are able to comply with our secure measures. Please ensure you have read and understood our expectations and procedures where safety measures are compromised. Please help reinforce these measures and expectations with your child for the benefit of all.

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Collection

- Please ensure you arrive in good time to collect your child. Our safety measures will be compromised by late collections so your support here would be very much appreciated.
- Collection will take place at the single **Rear Door** that leads out to the main and rear car park. Please ensure you are ready waiting with your child's shoes and outer layers, particularly when the weather is more adverse.
- We will direct the children to put their warm outer layers of clothing on before they get to the door.
- Any child whose parent/carer has not arrived for collection will be moved to a safe location within the gym – this can only cater for 3 gymnasts so please do all you can to ensure you arrive promptly.

General

- Any queries or requests for further information should be directed via email only as our staff will not be able to answer or deal with any requests during class sessions