

Kennylands Zoom



TIMETABLE	MONDAY	WEDNESDAY	FRIDAY	SATURDAY
Preschool: 2 years + with parent/carer				9.00 - 9.45am £6.50
Recreation: Rising 5's – 7 years	5.00 - 5.55pm £8	5.00 - 5.55pm £8		
Recreation: 7 years +	6.05 - 7pm £8	6.05 - 7pm £8		
Advanced Recreation: 10 years+			6.00 - 6.55pm £8	
Advanced Rec Squad		6.15 - 8pm £12.50		

CLASS FOCUS	WEEK 6 w/c 8 th Mar	WEEK 7 w/c 15 th Mar	WEEK 8 w/c 22 nd Mar	WEEK 9 w/c 29 th Mar	WEEK 10 w/c 5 th Apr
Preschool: 2 years + with parent/carer	Mini Routine	Cartwheels	Beam Week	Easter Saturday No Zoom	Handstands
Recreation: Rising 5's – 7 years	Recap & Shaping progressions for Bars	Vault Drills & Skills	Rolling & Handstand Recaps	Cartwheel Recap	Badge Booklet Preparation (No Zoom Easter Monday)
Recreation: 7 years +	Recap & Shaping progressions for Bars	Vault Drills & Skills	Rolling & Handstand Recaps	Tumble preps (round-off focus)	Badge Booklet Preparation (No Zoom Easter Monday)
Advanced Recreation: 10 years+	Beam Skills	Floor Routine	Gymnastics Skills Choices	Good Friday No Zoom	Recap Week before gym reopens!



Come Zoom with us

Email rebecca@kennylandsgymnastics.com to register your interest